PUTNAM SCIENCE ACADEMY MUSTANGS DINING MENU SEPTEMBER 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Served daily	1	2	3	4	5	6
english muffins	Brunch	Brunch	Brunch	Brunch	Brunch	Brunch
bagels white bread	eggs	eggs	eggs	eggs	eggs	egg, cheese omelet
cream cheese	bacon	eggs w/ cheese	bacon	eggs w/ cheese	bacon	bacon
yogurt	turkey sausage	bacon	turkey bacon	bacon	turkey bacon	turkey sausage
fresh fruit	Muffins	turkey sausage	hashbrowns	turkey sausage	waffles	hashbrowns
		pancakes		french toast sticks		
	Lunch		Lunch		Lunch	Dinner
	chicken tenders	Lunch	hamburgers	Lunch	pizza	teriyaki chicken
	fries	taco's	potato salad	chicken sandwiches		rice
		rice		chips	Dinner	broccoli/
	Dinner	black beans	Dinner		chicken parm	cauliflower
	Chicken Quesdilla		Baked manicotti	Dinner	pasta w/ sauce	
	mexican rice	Dinner	garlic bread	KFC Bowls	salad	
	salad	cheese/ pepperoni	salad	salad		
		stromboli				
		salad				
7	8	9	10	11	12	13
Brunch	Brunch	Breakfast	Breakfast	Breakfast	Breakfast	Brunch
eggs	eggs	eggs	eggs	eggs	eggs	eggs
eggs w/cheese	bacon	eggs w/ cheese	bacon	eggs w/ cheese	bacon	bacon
bacon	turkey bacon	bacon	turkey bacon	bacon	turkey bacon	turkey sausage
turkey sausage	french toast sticks	turkey sausage	waffles	turkey sausage	french toast sticks	hashbrowns
pancakes		hashbrowns		pancakes		
-	Lunch		Lunch		Lunch	Dinner
Dinner	Chicken caesar wraps	Lunch	chicken sandwiches	Lunch	Pizza	swedish meatballs
pasta w/ meatballs	macaroni salad	taco's	chips	hamburgers		egg noodles
garlic bread		rice		fries	Dinner	corn
salad	Dinner	black beans	Dinner		chicken tenders	salad
	meatloaf		lasagna	Dinner	fries	
	mashed potatoes	Dinner	garlic bread	honey garlic chicken	salad	
	buttered corn	sweet&sour	salad	vegetable fried rice		
	salad	chicken		steamed green beans		

		vegetable lo mein noodles salad		salad		
Brunch egg, bacon,cheese omelets egg, cheese omelets bacon turkey bacon waffles w/ frut Dinner cheese ravioli w/ sauce breadsticks salad	Breakfast eggs eggs w/ cheese bacon turkey sausage pancakes Lunch Meatball subs chips Dinner teriyaki chicken rice cauliflower salad	16 Breakfast eggs bacon turkey bacon french toast sticks Lunch taco's rice black beans Dinner meatloaf baked potatoes corn salad	Breakfast eggs eggs w/ cheese bacon turkey sausage hashbrowns Lunch Asst. sandwiches chips Dinner lasagna breadsticks salad	Breakfast eggs bacon turkey bacon waffles Lunch chicken quesadilla rice DInner KFC bowls salad	Breakfast eggs eggs w/ cheese bacon turkey sausage pancakes Lunch Asst. pizza Dinner hamburger fries salad	20 Brunch eggs bacon turkey bacon hashbrowns Dinner honey garlic chicken white rice broccoli salad
Prunch eggs eggs w/ cheese bacon turkey sausage french toast sticks Dinner pasta with meat sauce breadsticks salad	22 Breakfast eggs bacon turkey bacon waffles w/ fruit Lunch chicken caesar wraps chips Dinner lemon pepper chicken roasted potatoes	23 Breakfast eggs egg, sausage cheese omelet bacon turkey sausage pancakes Lunch taco's white rice black beans	24 Breakfast egg, cheese turkey bacon omelet egg, cheese bacon omelet hashbrowns Lunch Asst. Sandwiches chips Dinner Manicotti	25 Breakfast eggs eggs w/ cheese bacon turkey sausage french toast sticks Lunch chicken tenders fries Dinner swedish meatballs	26 Breakfast eggs bacon turkey bacon waffles w/ fruit Lunch Asst. pizza Dinner meatloaf baked potato bar	27 Brunch eggs eggs w/cheese bacon turkey sausage pancakes Dinner teriyaki chicken rice cauliflower salad

	california blend salad	Dinner hamburgers fries	breadsticks salad	egg noodles corn salad	mixed veggies salad	
28 Brunch eggs eggs w/ cheese bacon	Breakfast egg, cheese turkey bacon omelet egg, cheese bacon	30 Breakfast eggs eggs w/ cheese bacon				
turkey sausage french toast sticks	omelet hashbrowns	turkey sausage french toast sticks Lunch				
Dinner Chicken Alfredo w/ pasta breadsticks salad	Meatball subs chips Dinner sweet&sour chicken vegetable lo mein noodles salad	taco's white rice black beans Dinner cheese ravioli w/ sauce breadsticks salad				