



PSA Dining Menu | April 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>31 Brunch- Ham, veggie and cheese frittata, scrambled eggs, raisin bread french toast, hash brown potatoes Dinner- Roast Turkey, Glazed Ham, Scalloped Potatoes, Stuffing, Green Beans</p>	<p>1 Breakfast- Berry and Yogurt Parfaits Lunch- BBQ Pulled Pork or Chicken Sandwiches with Macaroni Salad Dinner- Pepper Steak with Steamed Jasmine Rice</p>	<p>2 Breakfast- Fried Eggs and French Toast Sticks Lunch- Chicken or Cheese Quesadillas Dinner- Chicken Cacciatore with Pasta</p>	<p>3 Breakfast- Berry and Yogurt Parfaits Lunch- Assorted Sandwiches and Chips Dinner-Chicken Alfredo Lasagna or Cheese Lasagna</p>	<p>4 Breakfast- Egg & Cheese Sandwiches, Breakfast Potatoes Lunch- Macaroni & Cheese with Steamed Broccoli Dinner- Hamburger or Turkey Burger with assorted Toppings and Fries</p>	<p>5 Breakfast- Waffles with Warm Cinnamon Apples, Scrambled Eggs Lunch- Assorted Pizza Dinner- Chicken Tenders with Fries and Coleslaw</p>	<p>6 Brunch-Croissant Egg Sandwiches, Hash Brown Patties Dinner- Shepherd's Pie</p>
<p>7 Brunch-Scrambled Eggs French Toast Sticks Breakfast Potatoes Dinner-Sloppy Joe Sandwiches with Roasted Potatoes and Tossed Salad</p>	<p>8 Brunch-Plain or Blueberry Pancakes, Homefries, Scrambled eggs Lunch- Chicken Parmesan Sandwich Dinner- Pasta with Meat Sauce or Marinara, Garlic Bread</p>	<p>9 Breakfast- Berry & Yogurt Parfaits Cinnamon Rolls Lunch- Taco Tuesday Dinner- Chicken Piccata with Rice Pilaf and Green Beans</p>	<p>10 Breakfast-Waffles & Strawberries, Scrambled Eggs, Hash Brown Patties Lunch---Assorted Sandwiches and Chips Dinner- Meatloaf with Mashed Potatoes and Corn</p>	<p>11 Breakfast-Berry & Yogurt Parfaits, Hard Boiled Eggs Lunch- Baked Potato Bar Dinner--- Pernil Pork or Guisado Chicken with Rice & Beans</p>	<p>12 Breakfast-Egg Sandwiches, Muffins, Breakfast Potatoes Lunch-Assorted pizza Dinner- General Tso Chicken, Jasmine Rice, Broccoli</p>	<p>13 Brunch-French Toast Sticks, Scrambled Eggs, Turkey or Pork Bacon, Tater Tots, Dinner- Chicken Parmesan with Pasta and Garlic Bread</p>
<p>14 Brunch-Egg & Cheese Sandwiches, Hash Brown Patties, Dinner- Sweet & Sour Chicken with Steamed Jasmine Rice</p>	<p>15 Breakfast-Fried Eggs, Waffles, Breakfast Potatoes Lunch- Crispy Chicken Sandwich, Macaroni Salad Dinner- Spaghetti & Meatballs, Garlic Bread, Caesar Salad</p>	<p>16 Breakfast-French Toast, Scrambled Eggs, Tater Tots Lunch-Nacho Bar Dinner- Chicken Cacciatore with Pasta and Veggies</p>	<p>17 Breakfast-Pancakes, Scrambled Eggs, Breakfast Potatoes Lunch- Assorted Sandwiches and Chips Dinner- Penne, Chicken and Broccoli Alfredo</p>	<p>18 Breakfast-Cheese Frittata, Spinach & Feta Frittata, Brown Sugar and Cinnamon Oatmeal Lunch- Grilled Cheese or Ham & Cheese Dinner- Chicken Marsala with Rice Pilaf and Green Beans</p>	<p>19 Breakfast-Build Your Own Yogurt Parfait, Hard Boiled Eggs Lunch-Assorted pizza Dinner- Buffalo or Plain Chicken Tenders with Mashed Potatoes and Corn</p>	<p>20 Brunch-Egg Sandwiches, Hash Brown Patties Dinner-BBQ Chicken Thighs, Scalloped Potatoes, Peas</p>
<p>21 Brunch-Croissant Egg Sandwiches, Tater Tots Dinner-Roast Turkey Dinner with Mashed Potatoes, Gravy, Stuffing and Veggies</p>	<p>22 Breakfast-Scrambled Eggs, Turkey Sausage, Breakfast Potatoes, Oatmeal Lunch-Burgers with Assorted Toppings and Fries Dinner- Chicken Alfredo Lasagna or Cheese Lasagna with Garlic Bread</p>	<p>23 Breakfast-French Toast, Scrambled Eggs, Breakfast Potatoes Lunch- Baked Potato Bar Dinner- Macaroni & Cheese with BBQ Pulled Pork</p>	<p>24 Breakfast-Build Your Own Yogurt Parfait, Hard Boiled Eggs Lunch-Assorted Sandwiches and Chips Dinner- BBQ Beef Brisket with Mashed Potatoes and Corn</p>	<p>25 Breakfast-Assorted Frittata, Breakfast Potatoes, Pancakes Lunch- Korean BBQ Beef or Chicken, Jasmine Rice, Stir-fry veggies Dinner- Garlic Chicken Thighs, Scalloped Potatoes, Broccoli</p>	<p>26 Breakfast-Breakfast Burritos, French Toast Sticks Lunch-Assorted pizza Dinner- Fish & Chips, Coleslaw</p>	<p>27 Brunch-Waffles, Scrambled Eggs, Turkey Sausage Hash Browns Dinner- American Chop Suey, Garlic Bread</p>
<p>28 Brunch-Egg & Cheese Sandwiches, Turkey or Pork Bacon, Home Fries, Muffins Dinner- Chicken Lo Mein with Stir Fry Veggies</p>	<p>29 Breakfast-Scrambled Eggs, Pancakes, Breakfast Potatoes Lunch- General Tso Chicken, Jasmine Rice, Broccoli Dinner-Garlic Marinated Chicken Tips, Mashed Potatoes, Glazed Carrots</p>	<p>30 Breakfast-Build Your Own Yogurt Parfait, Hard Boiled Eggs Lunch- Burrito Bar Dinner- Spaghetti & Meatballs with Garlic Bread</p>				