



# PSA Dining Menu | January 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Salad Bar &amp; Hot Bar Monday - Friday Lunch</b></p> <p><b>Fresh Fruit and Yogurt Served at Every Breakfast</b></p>	1	2	3	4	5 <b>Brunch-</b> Fried Eggs, Turkey Sausage, Home-fries, Apple Streusel Cake  <b>Dinner-</b> Assorted Pizzas and Tossed Salad	6 <b>Brunch-</b> Croissant Egg Sandwiches, Hash Brown Patties  <b>Dinner-</b> Chicken Tenders and Fries
7 <b>Brunch-</b> Scrambled eggs, Turkey Bacon, Tater Tots, French Toast Sticks  <b>Dinner-</b> Sloppy Joe Sandwiches with Roasted Potatoes and Tossed Salad	8 <b>Brunch-</b> Plain or Blueberry Pancakes, Sausage, Homefries, Scrambled eggs  <b>Dinner-</b> Pasta with Meat Sauce or Marinara, Garlic Bread and Caesar Salad	9 <b>Breakfast-</b> Scrambled Eggs plain or with Ham & Cheese, Cinnamon Rolls, Breakfast Potatoes  <b>Lunch-</b> Assorted Sandwiches and Chips  <b>Dinner-</b> Teriyaki Chicken, Jasmine Rice, Stir-Fry Veggies	10 <b>Breakfast-</b> Waffles & Strawberries, Scrambled Eggs, Hash Brown Patties  <b>Lunch-</b> Chicken or Cheese Quesadilla, Rice and Beans  <b>Dinner-</b> Baked Fish, Roasted Potatoes and Broccoli	11 <b>Breakfast-</b> Build your own Yogurt Parfait, Fried Eggs  <b>Lunch-</b> BBQ pulled pork or chicken sandwiches, fries  <b>Dinner-</b> Roasted Garlic Chicken Thighs with Mashed Potatoes and Glazed Carrots	12 <b>Breakfast-</b> Egg Sandwiches, Muffins, Breakfast Potatoes  <b>Lunch-</b> Assorted pizza  <b>Dinner-</b> General Tso Chicken, Jasmine Rice, Broccoli	13 <b>Brunch-</b> French Toast Sticks, Scrambled Eggs, Turkey or Pork Bacon, Tater Tots,  <b>Dinner-</b> Chicken Parmesan with Pasta, Garlic Bread and Tossed Salad
14 <b>Brunch-</b> Egg & Cheese Sandwiches, Hash Brown Patties, Turkey Sausage  <b>Dinner-</b> Popcorn Chicken with Assorted Sauces, Sweet Potato Fries	15 <b>Breakfast-</b> Fried Eggs, Waffles, Breakfast Potatoes  <b>Lunch-</b> Crispy Chicken Sandwich, Macaroni Salad  <b>Dinner-</b> Spaghetti & Meatballs, Garlic Bread, Caesar Salad	16 <b>Breakfast-</b> French Toast, Scrambled Eggs, Tater Tots  <b>Lunch-</b> Nacho Bar  <b>Dinner-</b> Mac & cheese or Buffalo Chicken Mac & Cheese	17 <b>Breakfast-</b> Pancakes, Spanish Omelet, Turkey Sausage  <b>Lunch-</b> Assorted Sandwiches and Chips  <b>Dinner-</b> Beef Brisket, Mashed Potatoes and Corn	18 <b>Breakfast-</b> Cheese Frittata, Spinach & Feta Frittata, Brown Sugar and Cinnamon Oatmeal  <b>Lunch-</b> Baked Potato Bar  <b>Dinner-</b> Sticky Chinese Pork Belly or Teriyaki Chicken, Jasmine Rice, Broccoli	19 <b>Breakfast-</b> Build Your Own Yogurt Parfait, Scrambled Eggs  <b>Lunch-</b> Assorted pizza  <b>Dinner-</b> Cheese or Pepperoni Stromboli, Pasta with Marinara	20 <b>Brunch-</b> Egg Sandwiches, Hash Brown Patties  <b>Dinner-</b> BBQ Chicken Thighs, Scalloped Potatoes, Peas
21 <b>Brunch-</b> Croissant Egg Sandwiches, Tater Tots  <b>Dinner-</b> Penne Chicken & Broccoli Alfredo	22 <b>Breakfast-</b> Scrambled Eggs, Turkey Sausage, Breakfast Potatoes, Oatmeal  <b>Lunch-</b> Burgers with Assorted Toppings and Fries  <b>Dinner-</b> Mediterranean Chicken over Pasta	23 <b>Breakfast-</b> French Toast, Scrambled Eggs, Ham & Cheese Eggs, Breakfast Potatoes  <b>Lunch-</b> Grilled Cheese or Grilled Ham & Cheese Macaroni Salad  <b>Dinner-</b> Meat or Cheese Lasagna, Garlic Bread, Broccoli	24 <b>Breakfast-</b> Build Your Own Yogurt Parfait, Fried Eggs  <b>Lunch-</b> Assorted Sandwiches and Chips  <b>Dinner-</b> Sweet & Sour Chicken, Jasmine Rice, Stir-Fry Veggies	25 <b>Breakfast-</b> Assorted Frittata, Breakfast Potatoes, Pancakes  <b>Lunch-</b> Korean BBQ Beef or Chicken, Jasmine Rice, Stir-fry veggies  <b>Dinner-</b> Chicken Wings, Potato Wedges, Green Beans	26 <b>Breakfast-</b> Breakfast Burritos, French Toast Sticks  <b>Lunch-</b> Assorted pizza  <b>Dinner-</b> Fish & Chips, Coleslaw	27 <b>Brunch-</b> Waffles, Scrambled Eggs, Turkey Sausage Hash Browns  <b>Dinner-</b> American Chop Suey, Garlic Bread
28 <b>Brunch-</b> Egg & Cheese Sandwiches, Turkey or Pork Bacon, Home Fries, Muffins  <b>Dinner-</b> Roast Turkey Dinner, Mashed Potatoes, Peas & Carrots, Stuffing	29 <b>Breakfast-</b> Scrambled Eggs, Pancakes, Breakfast Potatoes  <b>Lunch-</b> General Tso Chicken, Jasmine Rice, Broccoli  <b>Dinner-</b> Garlic Steak Tips, Scalloped Potatoes, Glazed Carrots	30 <b>Breakfast-</b> Build Your Own Yogurt Parfait, Fried Eggs  <b>Lunch-</b> Curry Chicken Risotto, Roasted Veggies  <b>Dinner-</b> Chicken Fajitas, Rice & Beans, Corn	31 <b>Breakfast-</b> Fried Eggs, French Toast Sticks, Turkey Sausage, Breakfast Potatoes  <b>Lunch-</b> Assorted Sandwiches and Chips  <b>Dinner-</b> Roast Pork Loin or Garlic Chicken, Rice Pilaf, Green Beans			

